

St Dominick

PARISH NEWS

No 223 July 2024

On Wednesday 12th June St Dominick WI welcomed Mick Harrison, Cyber Protect Officer for Devon and Cornwall Police to talk to us about Cyber-Crime. Mick started by outlining the scale of the problem, which is very alarming: there were an incredible 24,863 Cyber-crimes reported to Action Fraud in 2022/23

reporting a whopping total of £12.3 million lost! The average loss is £1500! This includes attacks on private individuals but also big businesses including the Critical National Infrastructure. The snag is, in general, as a

too trusting, we are aware and the under pressure, you into believing in you emotionally fabricated scenarios! us to slow down and



population we are not cyber-crime scammers put you shock you and drag them by getting involved in their He pressed upon not react in a rush!

Mick repeated the ABC many times to keep yourself safe: **Never Assume, Never Believe and Always Confirm.**

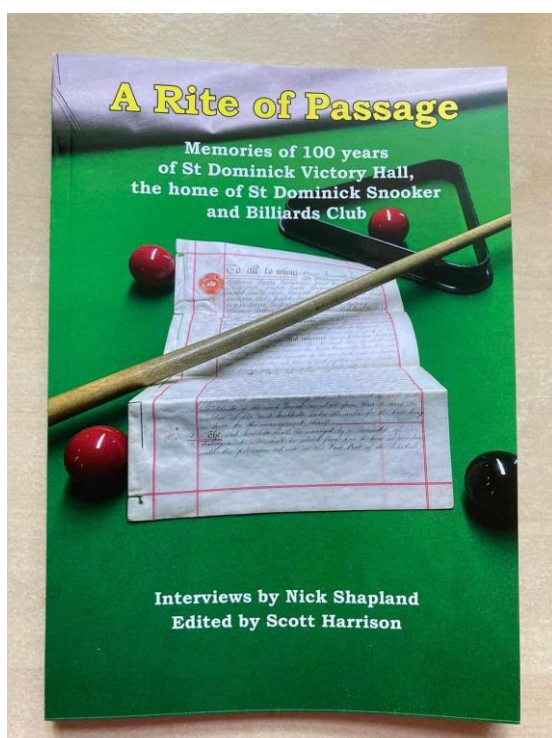
Never feel afraid to ring off and call a number you trust, if possible, on a different phone. Once you have rung off, talk to other people and see what they think about what is happening

and what you are being asked to do! Consult a family member, neighbour or friend, don't let the scammers frighten you with keeping the transactions secret or feel under pressure to act quickly!! Just take your time! If it really is the Bank they will appreciate you taking care, making checks and protecting yourself. Protect yourself by making passwords at least 12 characters long and don't use obvious names or birth dates as this makes your password harder to crack by the criminals. Then, never tell anyone your passwords!! Mick described some of the scams being used at the moment and some new ones too.

Just remember your ABCs and feel stronger to protect yourself from cyber scams:

**Never Assume, Never Believe, Always Confirm
and don't let anyone rush you into anything.**

Our next meeting is on Wednesday July 10th at St Dominick Parish Hall and the talk will be about Recycling for Charity by Ali Humphreys. We meet at 7.30 for a 7.45 start. If you would like to come along and meet us all, you are very welcome to pop along. £5 charge.



The last 100 years of St Dominick Snooker Club

Are you interested in St Dominick history, struggling with ideas for a birthday present or just want to support a very successful local club. Then £15 will buy you 93 pages covering the last 100 years of St Dominick Snooker Club.

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Parish Council News

Well, I missed the first few minutes because there was an interview prior to the meeting for the new applicant, which I couldn't attend, and it couldn't have gone on too long because they started the proper meeting well on time.

So, we have a new Parish Councillor, Dawn Hunn, who is of course recycled as she's been on before. She is currently the youngest on the council.

Cornwall councillor Long was present, looking very casual. He apologised for his attire but explained that he had had a fall from his lorry at work and has broken his humerus in eight places, meaning he can only wear shorts and a sling.

He talked about a few things and then came the burning question from Councillor Fry – where have all the planings gone from the hall car park? The hall committee have been very grateful to a local contractor who let them have some, a few times actually. But then someone from the shop looked out and Cormac were sweeping them all up. He questioned the driver who said it was at the request of the said committee, which it was not!

Councillor Long is to ask if they can be returned asap. Obviously a mix up.

The planning that the council recommended for approval, but many didn't know where it was, has been turned down by Cornwall council as it's a notable building or something. This caused a bit of a dilemma, they said it was old, well it's certainly been around a while, long enough to start to have seen better days. Does "been around a long time" make it special or useless?

Jim had written to the Glebe to ask if they would consider selling a bit of a field to make a car park. The council said it wasn't worth discussing if they said "no". They didn't say "no", they said it would be market value and please send a map of where it was with an X on the spot.

Councillor Long is to be approached with regard to money for the junior goal posts from the Community chest. The conditions attached to any grant application make it impossible to continue with that approach.

Then we got back onto the gate through the hedge into the field – again. Chairman Cox had approached the shop, who voted for it, because they think it's dangerous for children to walk around the end of the wall and back up through the car park to buy things.

The shop said they thought it might be difficult to get a grant to put a gate through someone else's hedge (The National Trust's), but they would see. As no one actually knew what the National Trust thought about it, or whether it would have to be wide enough for disabled access etc. they said they would need to meet the National Trust representative. Councillor Greene who is very keen on the idea said there was no need for everyone to trail along and she would meet the rep. Councillor Wenmoth, who isn't very keen on the idea, on behalf of the Parish Hall, thought that more people should go than one, and eventually it was sort of agreed to have a subcommittee. And then a very strange unique thing happened. When Chairman Cox asked who would like to be on the subcommittee, and the answer is always "none", all except two put up their hands. Councillor Greene was very displeased by everyone's negative attitude and I don't know what the outcome was.

Funnily enough South West Water don't agree with the Council's settlement offer on the bill, and Jim doesn't agree with them, so that's not settled either. (They are asking for £1000 for water that no one knew they had).

Lastly councillor Potter brought up the shop sign out on the pavement which has been quite controversial. He said that the shop wanted a gate because it was too dangerous to walk around the end of the hedge, and now they had to walk around the sign as well. Councillor Wilkins said, I think, that it wasn't in anyone's way and Councillor Greene said it had attracted ten extra customers.

Then we went home! - Next meeting 17th July, Parish Hall 7.00

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Gardening Ideas

In July you should be enjoying some of the fruits of your labour and eating crops such as courgettes, lettuce, spring onions, shallots, broad beans and peas. By the end of July and into August runner beans may be ready, remember to keep picking them regularly to prevent them from becoming tough and this will encourage the plants to produce more beans and prolong your harvesting period. Take growing tips off the beans when they reach the top of their supports and this will encourage side shoots lower down preventing the plants from becoming top heavy, meaning the beans will be in reach.

When the broad bean harvest is over cut plants at ground level, compost the tops but leave the roots in the ground to produce

nitrogen and therefore improve the soil fertility for future crops. This applies to all legumes.

Fruits such as strawberries, gooseberries and blackcurrants should be ripening. Remember not to overharvest rhubarb now, leave plenty of stems and leaves on the plants to feed, therefore strengthen the plants for next year.

July can be one of the hottest months of the year, it's a great time to spend some time relaxing and enjoying your outside space but there are some extra precautions to be aware of in hot dry weather, such as:

- Mulch around plants/shrubs to retain moisture.
- With regard to your flowers if it's very hot keep your pots/containers damp to keep the roots cool
- Don't let pots/containers/hanging baskets dry out
- Continue to save rainwater and suitable grey water. Water plants early mornings or evenings to prevent evaporation
- Hoe off weeds and leave them to dry in the sun.

French marigolds are an excellent plant to grow both in the flower garden and the veg plot as companion plants. They attract bees, butterflies and other pollinators and beneficial insects into your garden. Increased pollination means higher yields. With their strong scent marigolds are also a natural form of pest control to deter such pests as spider mite, white fly and aphids. By deadheading them regularly they will continue to flower until the first frosts occur. In fact, dead head all your perennial and bedding plants to encourage new flowers and extend the flowering period. This includes penstemon, delphiniums, hardy geraniums – cut them all back after the first flowers begin to fade

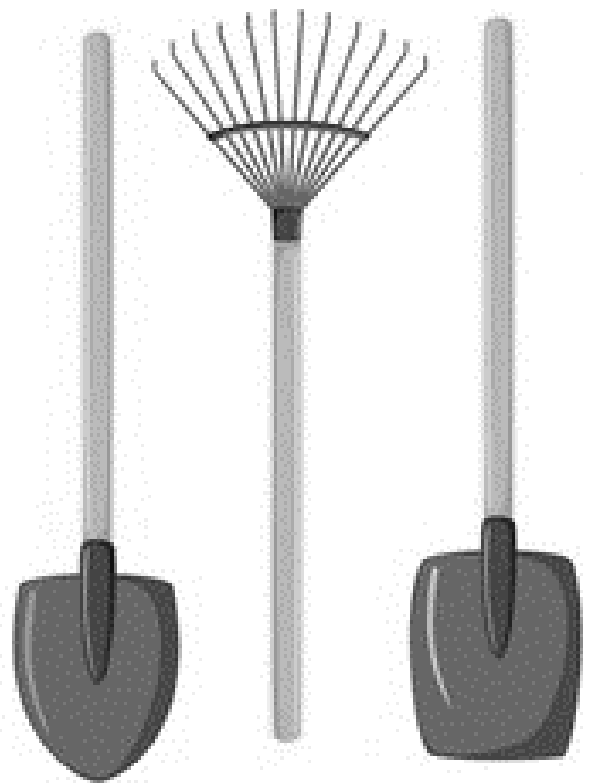
to encourage more blooms. Pick your sweet peas regularly for the same reason.

Other insect loving plants include lavender, nasturtiums, cornflowers, buddleia, golden rod and Michaelmas daisies.

In your greenhouse keep on top of side shoots on tomatoes, and remove leaves below the first ripening fruit to aid ventilation and prevent spread of disease and pests, such as red spider mite. If hot mist the plants and if possible, stand pots on a wet surface to maintain humidity. You might need to consider the use of shade paint on the greenhouse glass where necessary. Check regularly for signs of the previously mentioned whitefly, spider mite and also mealy bugs!

Bats are most active in the summer, dusk being a good time to look out for them hunting insects over your garden. By growing insect loving plants and creating log piles you will encourage insects and this, in turn, will encourage bats and birds such as swallows, house martins and swifts.

In July the ground may become dry and harder for birds such as blackbirds, thrushes and robins to source worms so continue to supply food such as sunflower hearts, fruit, cooked pasta, rice and mealworms. It's important to keep feeding the birds to maintain energy levels after breeding and feeding young, also don't forget there are more birds about as the young ones mature.



Keep birdbaths and ponds topped up and ensure there is a source of water for other wildlife such as hedgehogs which will be breeding in the summer. Also please clean your bird feeders/baths to prevent a build up of bacteria.

Please be careful, or don't do it, when strimming, there are hedgehogs around. They could easily be maimed. If you disturb their nests, maybe in logs piles or under sheds, they might abandon their young if frightened.

Remember that in the wild all forms of life are connected with one species depending on another. Try to grow some plants that flower mid to late September, examples are buddleia, lavender and roses to supply nectar for butterflies and moths. Its interesting to take part in the Big Butterfly Count (11 July – 4th August). When you grow all these shrubs and trees in your garden you will be helping to combat global warming as all plants take in carbon dioxide and produce oxygen via photosynthesis therefore improving our atmosphere.

So, create a log pile, a compost heap and dig a pond. Your wildlife will thank you for it.

BEALBURY CHAPEL, ST MELLION. PL12 6RX

Invites you to a

Mini Rally of Old Tractors, Motorcycles and Cars

On Saturday 6th July 2024



Toys of all ages will be on display in the Chapel, together with refreshments and a bric-a-brac stall.

Please join us for an interesting and enjoyable afternoon between 2 p.m. and 5 p.m.

All proceeds to Marie Curie

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ST DOMINICK DIARY

July 2024

Parish Church services

Sunday 7th 6pm Cornish Evening Prayer at Halton Quay

Sunday 14th 10am Holy Communion

Tuesday 23rd 9.30am Holy Communion

Sunday 28th 10am Contemporary Worship

Toddler Group

Thursdays: - 4th, 11th, 18th and 25th.

From 9.30 to 11.30, informal play and chat. Free, open to all under school age with an adult

For details of Services in other Churches of the Benefice please look at the 7 Link on the following website [Tamar Valley Benefice \(google.com\)](https://www.tamarvalleybenefice.org.uk) Churchwarden:

Mrs Clare Lee clareleepcc@btinternet.com 01579 351381

Jessop Price pricejessop@gmail.com 01579 350049

Methodist Services. Sundays at 6pm

Sunday 7th Revd David Moss

Sunday 14th John Ware

Sunday 21st Brenda Grundy

Sunday 28th Revd David Moss - Holy Communion



August 2024

Parish Church services

Sunday 4th 6pm Cornish Evening Prayer at Halton Quay

Sunday 11th 10am Holy Communion

Sunday 25th 10am Contemporary Worship

Tuesday 27th 9.30am Holy Communion

Toddler Group

Thursdays: - 1st, 8th, 15th, 22nd, and 29th

From 9.30 to 11.30, informal play and chat. Free, open to all under school age with an adult

For details of Services in other Churches of the Benefice please look at the 7 Link on the following website [Tamar Valley Benefice \(google.com\)](http://TamarValleyBenefice.google.com) Churchwarden:

Mrs Clare Lee clareleepcc@btinternet.com 01579 351381

Jessop Price pricejessop@gmail.com 01579 350049

Methodist Services. Sundays at 6pm

Sunday 4th Circuit Service

Sunday 11th Local arrangement

Sunday 18th Steve Wherly

Sunday 25th Helen Pengelly



JULY

- Tues 2nd Tuesday Club Parish Hall 2.30. All welcome. Mike Hayward “The inequality of women through the ages”. Meet new people. Tea and biscuits.
- Thurs 4th General Election Parish Hall
- Tues 9th Hobbies Parish Hall 1-5. Just come along with something to do.
- Wed 10th WI “Recycling for Charity” Alison Humphries 7.30 Parish Hall
- Wed 17th Parish council meeting 7.00 parish Hall All welcome
- Tues 23rd Hobbies Parish Hall 1-5
- Fri 26th Library van Parish Hall 11.45-12.05



AUGUST

- Sat 3rd Councillor Andrew Long Silage Bar Who'd Have Thought It. Please confirm with him before you make a special trip.
- Sun 11th 51st St Dominic Gymkhana and Dog Show. Smeaton Farm. Details FB page St Dominic Gymkhana and Dog show for schedules, info.
- Tues 13th Hobbies 1-5 Parish Hall
- Fri 23rd Library van Parish Hall
- Tues 27th Hobbies 1-5 Parish Hall

FORTHCOMING EVENTS

- Tues 3rd Sept Tuesday Club, Parish Hall, Cornwall Air
 Ambulance
- Sat 14th Sept Autumn show - 01579350776
- Tues 17th Sept Community shop AGM Parish Hall 7:00pm
- Sat 12th Oct Wurlitzer
- Mon 14th Oct Harvest supper
- Sat 19th Oct Pasty and Pudding lunch
- Thurs 7th– 9th Nov Church Craft Fair
- Sat 30th Nov Christmas Tree switch on
- Sun 1st Dec Callington Gospel Choir

St. Dominick Hand Bell Ringers Fridays 7.30 Contact Robin Wood 01579 350 767

St. Dominick Community Shop (Village Hall car park) 01579 350841
Open Mon-Fri 8.45-5.30. Saturday 9-5.30. Sunday 9.15-11.30

Post Office Friday 9-12pm – please note the updated hours.

Fish van and other services see shop article

Who'd Open Mic 7-9.30pm every 3rd Thursday with Steve Brown

Parish Hall bookings contact: lornabc@talktalk.net 01579 350776

Items for the Diary page to: ourparishnews@gmail.com by the 15th of each month.



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St Dominick Community Shop

Despite some unseasonably cool weather, our selection of bedding plants and bags of compost seemed to have been popular over the last month so thank you for choosing to buy from your local Shop. Let's hope some warm summer sunshine is just around the corner to bring those plants on.

As mentioned in our June article, the Post Office Tuesday morning service was coming to an end as it was not well used. The last date was Tuesday 11th June but don't worry, the Friday service will continue as normal between 9.00-12.00 midday.

Many thanks for the feedback on our monthly guest cheeses. April's Cornish Gouda was very popular so we now have it as a regular stock item in the cheese fridge. The Cornish Brie we had in May was not such a hit – hard to beat the Somerset brie. We will see how June's Cornish Nanny blue goat's cheese goes down with customers but early sales are promising so if you haven't tried it yet, please do and give us your views. If you have any suggestions for a future guest cheese, please let us know.

Here's what's coming up in July & August:

1st-14th July – it's Wimbledon fortnight so we will be keeping the Shop well stocked with strawberries and cream to get you into the swing of things. Watch out for our special offer on finals weekend.

During July & August – we will have another guest cheese for you to try. Check out the details on the poster in the Shop or on Facebook.

Fridays 12th & 26th July and 9th & 23rd August - the Pengelly's fish van will be in the car park between **10.00 – 11.00** offering their normal great range of fresh fish. If you would like to order please call 01503 262246 or email orders@pengellysfish.com by no later than 1.00pm on the day before (Thursday).

Every Friday – the Post Office service is available between 9.00-12.00 midday. A reminder that you can withdraw or deposit money in your bank account as well as posting letters and parcels.

Every Saturday – you can get hot pasties – steak, steak & gravy, cheese & onion and sausage rolls from our pasty warmer between 10.00-1.00pm. If you would like to order in advance, please let one of our Volunteers know by no later than 5.30pm on the Thursday before.

August – we will be offering a range of Back to School stationery so you can shop locally for those essential supplies for the start of the school term

Fancy the chance to shadow a Volunteer?

We are still looking to recruit new volunteers to the team but if you are not sure it would be right for you, why not come along and shadow some Volunteers on shift. It's a great way to see what goes on and ask questions.

We are planning the introduction of a home delivery service particularly for those that are not able come into the Shop for any reason. We are still working on the finer details but we hope to be launching as a trial over the summer months so that we are in full swing by the Autumn.

Another reminder that the Shop Annual General Meeting is coming up in September to which all Shareholders are invited. If you are not a shareholder, you would be welcome to attend as an observer. If you might want to become a shareholder, you can pick up an application form and further details in the Shop or find on our website. It is an opportunity for you to play a part in

shaping this vital community facility help us fund essential improvements and maintenance of the Shop premises.

Date for your diary

**A reminder the Shop AGM will be held on
Tuesday 17th September 2024 at 7.30pm in the
Parish Hall. Arrival from 7.15pm.**

We look forward to seeing you in the Shop very soon.

promoting local - supporting our community

St Dominick Autumn show 2024 (best day of the year)

The show takes place every Autumn in the Parish Hall and has classes for handicraft, art, photography, flowers vegetables and fruit. It has always been very well supported and hopefully this year will be the same. However, we are a small committee who rely on a band of helpers on the day and we are always looking for new ideas and helpers.

We have agreed upon the classes for this year and the schedules and winners' cards are being printed right now.

The schedules along with the entry forms are available on our Facebook page (search for St Dominick Autumn Show) or contact stdomautumnsnow@gmail.com or Lorna on 01579 350776.





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The Parish Church of St Dominic - New Church Warden

Our very own Cornish-born Jessop Price was admitted as a St Dominic Church Warden at the Archdeacon of Bodmin's Visitation (the Venerable Kelly Betteridge) held at Landulph Church on Monday 03 June 2024. The 'encirclement' of Church Wardens for the East Wivelshire Deanery (comprising 19 parishes) were all present and presided over by the Revd Michael Johnson, Rural Dean.

Did you know you lived in one of the ancient parishes of East Wivelshire?

If you study the internet, you will find the area was formed before the Norman Conquest in Anglo Saxon times, and is clearly marked in the Domesday Book of 1086 AD. Today, the area covers south-east Cornwall along the lower reaches of the Tamar as far north as Launceston. The census reports it has a population of about 71,000.

What will be Jessop's responsibilities as Church Warden?

Together with Clare Lee, he will be an officer of the Bishop of Truro and a senior lay representative of St Dominick Parish to manage, maintain and lead the Parish by example.

What are his qualifications to become a Church Warden of this Parish?

Well, for those of you who have not had the opportunity to read his memoirs "The International Plumber", he is the grandson of a church warden at St Helen's Ashby-de-la-Zouch, as was an uncle at St Paul's Winchester, and his father was a priest. A chorister, choral scholar and deputy vicar choral – what more could be more inviting!

The Village Community Shop has proven to be a real boost to Village life in St Dominick. Our Church, over the centuries, has also been a centre for everyone living in the Parish. Please consider bringing our Church back to life to be a focal point that creates another hub for the benefit of everyone who lives in this terrific Village of ours. All your thoughts about what we could be doing in future, that we are not doing now, would be greatly appreciated.

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Paul Doney	Building Contractor	228698
Debbie's Care Services	Personal Care, Bathing & All Household Duties	07779 483230
Elliot's	House & Garden Clearance	350345
Fiona Wiltshire	Mobile Hairdresser	07990 587098
Jane Matthews	Gardening Services	07986 306112
Patricia Gillings	Practitioner in Holistic Massage	07585 508163
Kath Gylby	Home Help and personal care	01579 683575
Michael Grundy	Retired Solicitor - Will writer	351467
Nathan Behennah	Painting and Decorating	07955 207962
Pest Doctor	Pest Control Services	350345
Trehill Farm Produce	Producers of Traditional Meat	350410
Rob Williams	Window Cleaner	384435
ShakeFitness	Personal Trainer & Fitness Class Provider	07492 887119

Please mention the Parish News when contacting any advertiser.

ADVERTISING IN THE NEWSLETTER

- Please contact the Parish Clerk.
- Directory of Local Traders: £40 per year (10 editions)
- Box Ads: £40.00 per year and guaranteed to be included in 8 of 10 editions. Any other advertisements: by negotiation.
- Advertisements to be paid for in advance.
- Advert withdrawn if payment is not made within 30 days